

## 80 Hidden Names for Sugar

Agave nectar	Golden sugar
Barbados sugar	Golden syrup
Barley malt	Grape sugar
Barley malt syrup	HFCS (High-Fructose Corn Syrup)
Beet sugar	HFCS-90 (High-Fructose Corn Syrup)
Blackstrap Molasses	Honey
Brown Rice Syrup	Icing sugar
Brown sugar	Invert sugar
Buttered sugar	Lactose
Buttered syrup	Malt syrup
Cane juice	Maltodextrin
Cane juice crystals	Maltol
Cane sugar	Maltose
Caramel	Mannose
Carob syrup	Maple syrup
Castor sugar	Molasses
Coconut palm sugar	Molasses syrup
Coconut sugar	Muscovado
Confectioner's sugar	Muscovado sugar
Corn sweetener	Oat syrup
Corn syrup	Organic raw sugar
Corn syrup solids	Palm sugar
Crystal line fructose	Panela
Date sugar	Panocha
Dehydrated cane juice	Powdered sugar
Demerara sugar	Raw sugar
Dextran	Refiner's syrup
Dextrin	Rice bran syrup
Dextrose	Rice syrup
Diastatic malt	Saccharose
Diatase	Sorghum
Ethyl Maltol	Sorghum syrup
Evaporated cane juice	Sucrose
Free-flowing brown sugars	Sugar (granulated)
Fructose	Sweet Sorghum
Fruit juice	Syrup
Fruit juice concentrate	Tapioca Syrup
Galactose	Treacle
Glucose	Turbinado sugar
Glucose solids	Yellow sugar

